

Yr 9 PSHE/Citizenship
Schemes of Work 2024-25

<u>Lesson</u>	<u>Topic</u>	<u>Brief outline</u>	<u>Theme</u>
1	Introductions	Introductions and Ground Rules	Relationships
2	Respectful Relationships	What do people value in relationships?	Relationships
3	Sexual Harassment	Sexual harassment Survey and Questions	Relationships
4	Myths and Misconceptions	What are the myths and misconceptions around Relationships and Sex Education	Relationships
5	Contraception	What is contraception. How do we stay safe from Infections and pregnancy	Relationships
6	STI	What is an STI? How can they impact our bodies and how do they spread.	Relationships
7	Sexting	What is sexting. What is the impact on someone sending or receiving a Sext.	Relationships
8	Christmas Quizzes		
Christmas Break			
1	Forced Marriage and Female Genital Mutilation	What is forced marriage? What is Female Genital Mutilation? What are the laws around these subjects?	Relationships
2	Pornography and the media	What is pornography, how can the media be sexualised and what harms can come from this	Relationships
3	My Values – Routes and Pathways and Goal Setting	What are the different pathways and routes. How do we set goals to influence.	Living in the wider world
4	Options and Career Reseach	What options are you picking and how may that impact your future. What subjects can lead to different career paths	Living in the wider world
5	My Network, Skills and Qualities	What is a network, what skills and qualities do I have	Living in the wider world
6	Nicotine and Vaping	What is nicotine. How does nicotine impact the body What is vaping and how is society impacted by this	Health and Wellbeing
Easter Break			
1	First Aid	First Aid, Recovery position and introduction to CPR	Health and Wellbeing
2	First Aid	Bandages, CPR, Defibs and Scenario practice	Health and Wellbeing
3	Self-Examination	Breast and Testicular Cancer – Signs and Symptoms How can you self-examine from these cancers	Health and Wellbeing
4	Illegal Drugs	What drugs are illegal and the impact of these drugs	Health and Wellbeing
5	Gangs and County Lines	What is a gang What are county lines What are the signs and symptoms of these issues.	Health and Wellbeing
End of School Year			

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