

Yr. 10 PSHE/Citizenship
Schemes of Work 2024-25

<u>Week</u>	<u>Topic</u>	<u>Brief outline</u>	<u>Theme</u>
1	How to disagree	Silent Debate and How to appropriately disagree with others	Living in the Wider World
2	How to revise	Study Skills The importance of revision	Living in the Wider World
3	Work Experience Launch	Hear about experiences What is WEXP What do we gain from it?	Living in the Wider World
4	What career / work experience is right for me	Research Potential jobs Research Work experience opportunities Unifrog Launch	Living in the Wider World
5	CV Writing: The Basics	What are my skills and qualities. Reflect on ourselves How to write a CV	Living in the Wider World
6	Labour Market Information	What is a labour market? How does it impact my future choices?	Living in the Wider World
7	Writing to companies	Composing CV	Living in the Wider World
8	Wellbeing in the Workplace	How wellbeing can have an impact on you and your motivation	
HALF TERM			
1	Risk taking Behaviour and Knife Crime	Why do we take risks? The Risks around Knife Crime. Why do people carry knives?	Health and Wellbeing
2	Staying Safe: Alcohol – Know your limit	Unit's & Effects How much is too much	Health and Wellbeing
3	Staying Safe: Smoking and Vaping	Making informed choices surrounding Smoking and vaping?	Health and Wellbeing
4	Staying Safe: Drugs and Illegal Drugs	How to stay safe around drugs? How to say no?	Health and Wellbeing
5	Drugs Research	Research and Present about a drug to the class	Health and Wellbeing
6	Drugs Research	Research and Present about a drug to the class	Health and Wellbeing
7	Gangs and Crime	County Lines	Health and Wellbeing
CHRISTMAS HOLIDAY			

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1	Intro to RSE and Myths surrounding RSE	Group Rules – Myths & RSE Overview	Relationships
2	Body Image and Pornography	Pornography What are they, how they influence us and what can we learn from them? How pornography can impact our Body Image	Relationships
3	Sexual Health and Contraception	Contraception	Relationships
4	Consent and Communication	Confident Communication	Relationships
5	STI (sexually transmitted infections) Check Up	What they are and how to get checked	Relationships
6	Positive Intimate Relationships	Positive and Negative Signs in a relationship, Sexual Abuse, Assertiveness & Signposting	Relationships
7	Sexual Harassment	What is Sexual Harassment Why is this national problem? What can we do to prevent Sexual Harassment	Relationships
HALF TERM			
1	Talk Devon – PAL Encounter	Talk about Apprenticeships	Living in the Wider World
2	Sexting – Long term implications	The long-term implications of sending harmful material. How could this affect your personal brand?	Relationships
3	Challenging Prejudice and Discrimination	What can we do to challenge prejudice and discrimination. What are microaggressions? How can prejudice and discrimination impact individuals and societal attitudes?	Relationships
3	Cost of Living Project	Understanding the cost of homes	Living in the Wider World
4	Gambling	What is gambling, and its impact on us and those around us	Living in the Wider World
5	Budgeting	NI, Tax, Pension	Living in the Wider World
6	My first pay check	What is on a pay check.	Living in the Wider World
EASTER BREAK			
1	Role Models	Who and What influences us	Living in the Wider World

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2	Media and Mental Health	How the media can have a positive and negative impact on our mental health	Health and Wellbeing
3	My happy place	Positive wellbeing and coping strategies	Health and Wellbeing
4	Crime and Punishment	The laws What are the consequences for committing crimes	Living in the Wider World
5	The Political System	How does are political system work	Living in the Wider World
6	The Prison System	Debate on what prison should or should not be.	Living in the Wider World
HALF TERM			
1	Wellbeing Surveys		Health and Wellbeing
2	Disabilities – Blindness/ Paralympic Sports	Experience what life is like as a blind person	Living in the Wider World
3	Disabilities – Watch the Boy whose Skin fell Off	Contact employers etc	Living in the Wider World
4	Health and Safety in the Workplace	Essential for all students How to stay safe in the workplace What are risks and hazards	Living in the Wider World
5	Preparing for the World of Work – Online Course	Employee Rights Wellbeing How to look after yourself and others	Living in the Wider World
6	WORK EXPERIENCE WEEK		
7	Review Work Experience	Review and target set ready for Yr. 11	Living in the Wider World