

Yr. 10 PSHE/Citizenship
Schemes of Work 2024-25

<u>Week</u>	<u>Topic</u>	<u>Brief outline</u>	<u>Theme</u>
1	Intro to class	Silent Debate	Living in the Wider World
2	How to revise	Study Skills	Living in the Wider World
3	Work Experience Launch	Hear about experiences What is WEXP What do we gain from it?	Living in the Wider World
4	Careers research and Introduction to Unifrog	Research Potential jobs	Living in the Wider World
5	CV Writing	Intro to data base and support / Parent pack	Living in the Wider World
6	Skills and Qualities	Competencies and qualities	Living in the Wider World
7	Writing to companies	Composing CV	Living in the Wider World
HALF TERM			
1	Risk taking Behaviour	Why do we take risks?	Health and Wellbeing
2	Alcohol – Know your limit	Unit's & Effects	Health and Wellbeing
3	Smoking and Vaping		Health and Wellbeing
4	Drugs	What is addiction?	Health and Wellbeing
5	Drugs Research	Drugs Research	Health and Wellbeing
6	Drugs	Drugs presentations	Health and Wellbeing
7	Gangs and Crime	County Lines	Health and Wellbeing
CHRISTMAS HOLIDAY			
1	Intro to RSE	Group Rules – Myths & RSE Overview	Relationships
2	Media and Pornography	Media and Pornography What are they, how they influence us and what can we learn from them?	Relationships
3	Sexual Health and Anatomy	Contraception	Relationships

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4	Consent and Communication	Confident Communication	Relationships
5	STI (sexually transmitted infections) Check Up	What they are and how to get checked	Relationships
6	Positive Relationships	Positive and Negative Signs in a relationship, Sexual Abuse, Assertiveness & Signposting	Relationships
HALF TERM			
1	Talk Devon	Talk about Apprenticeships	Living in the Wider World
2	Managing Money	Be Real Game	Living in the Wider World
3	Cost of Living Game	Understanding the cost of homes	Living in the Wider World
4	Gambling	What is gambling, and its impact on us and those around us	Living in the Wider World
5	Budgeting	NI, Tax, Pension	Living in the Wider World
6	My first paycheck	What is on a paycheck.	Living in the Wider World
EASTER BREAK			
1	Role Models	Who and What influences us	Living in the Wider World
2	Media and Mental Health	Growth Mindset	Health and Wellbeing
3	My happy place	Positive wellbeing and coping strategies	Health and Wellbeing
4	Crime and Punishment	The laws	Living in the Wider World
5	The Political System	How does are political system work	Living in the Wider World
6	The Prison System	Debate on what prison should or should not be.	Living in the Wider World
HALF TERM			
1	Wellbeing Surveys		Health and Wellbeing
2	Disabilities – Blindness/ Paralympic Sports	Experience what life is like as a blind person	Living in the Wider World

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3	Disabilities – Watch the Boy whose Skin fell Off	Contact employers etc	Living in the Wider World
4	Preparing for WEXP and Health and Safety	Essential for all students	Living in the Wider World
5	Logbooks troubleshooting	Employers visiting Q + A session in groups	Living in the Wider World
6	WORK EXPERIENCE WEEK		
7	Review Work Experience	Review and target set ready for Yr. 11	Living in the Wider World